

## Golytely Colonoscopy Prep

**\*\*Start prep day before procedure\*\***

**\*\*You are on a clear liquid diet the entire day prior to your colonoscopy. \*\***

**NO SOLID FOODS!**

The following are okay to have throughout the day:

Water, Tea, Coffee (no dairy or creamer), apple juice, white grape juice, white cranberry juice, Vitamin waters, Jell-O (yellow or green only), broth (chicken or beef), clear soda like ginger ale, sprite or 7up.

**NOTHING RED, BLUE, ORANGE OR PURPLE IN COLOR.**

**Instructions on mixing and taking your prep:**

- \*Fill jug up to the line with water, and shake well.
- \*At 12:00 NOON, drink one 8oz glass every 15-30 minutes until mixture is gone.
- \*Remain on clear liquid diet the remainder of the day. Nothing to eat or drink after Midnight.
- \*Please remember to drink plenty of water through out the day to keep from getting dehydrated.

**\*\* REMEMBER TO FOLLOW THESE INSTRUCTIONS AND TO REMAIN ON CLEAR LIQUIDS THE ENTIRE DAY PRIOR TO YOUR EXAM. EATING SOLID FOODS COULD RESULT IN STOOL REMAINING IN YOUR COLON EVEN AFTER THE PREP. IF THERE IS STILL STOOL IN YOUR COLON, YOUR EXAM MAY NEED TO BE CANCELED OR REDONE SOONER THAN IT WOULD HAVE BEEN IF THE PREP WERE COMPLETE. \*\***